



## PRECISION

PERIODONTICS & IMPLANTOLOGY

### **Post-sedation Instructions**

- Go home and rest for the remainder of the day.
- Do not perform any strenuous activity. You should remain in the company of a responsible adult until you are fully alert.
- Do not attempt to eat a heavy meal immediately. If you are hungry, a light diet (liquids and toast) will be more than adequate.
- A feeling of nausea may occasionally develop after sedation. The following may help you feel better: (a) lying down for a while and/or (b) a glass of cola beverage.
- Do not drive a motor vehicle or perform any hazardous tasks for the remainder of the day.
- Do not take any alcoholic beverages or any medications for the remainder of the day unless you have contacted us first.
- Take post operative medications ordered by the dentist only as directed.
- If you have any unusual problems, you may call the office telephone number.