



380 Family Dentistry

Pre-Operative Instructions for Sedation

Food/Drink: Do not eat or drink (including water) for six (6) hours prior to your scheduled appointment. If you are having surgery, we recommend soft foods for post-surgery (mashed potatoes, pudding, jello, oatmeal, etc.).

Alcohol: Do not consume any alcoholic beverages the evening before sedation.

Driver: All sedation patients must be accompanied to and from the office by a responsible adult. Please plan to have them stay in the office during your visit. If they cannot stay during your appointment, please let us know so that we can make arrangements accordingly. Minors must have a responsible adult in the office at all times, no exceptions. We recommend a responsible adult stay with you for at least 12 hours following the appointment.

Clothing: Wear clothes that are comfortable with short sleeves for easy placement of the blood pressure cuff and monitors. Wear comfortable shoes.

Accessories: Remove dark nail polish prior to dental treatment for easy monitoring. Please do not wear heavy makeup, lipstick, jewelry, or contact lenses.

Medications: Bring any specially prescribed medications (including inhalers or angina medications) with you to your appointment. Take any pre-medication one hour prior to appointment if indicated.

Nausea: IV sedation may cause nausea. A medication for nausea may need to be administered after surgery at an additional cost.

Working: Sedation medication can stay in your system for several hours. You can expect to be tired for the rest of the day after sedation. However, by the next day you should be able to resume normal activities or work.

If you have any other questions or concerns, please contact our office:

Office Number: 972-346-9998 Dr. Campbell's cell: 972-533-2458 Email: DrCampbell@380dental.com

Patient/ Guardian Signature

Date