

**NEDA AZADIVATAN, D.D.S.**  
**LASER PERIODONTICS AND DENTAL IMPLANTS OF SOUTH CAROLINA**

**INSTRUCTIONS PRIOR TO PERIODONTAL SURGERY**

- Take the remainder of the day off from work to rest
- Some bruising on the face after procedures is common and this is nothing to be alarmed about. It will resolve in a timely manner.
- The patient is covered to assure a surgically clean area and ultrasonic cleaners are used, which produce a fine water spray. We recommend that you wear comfortable clothes and be aware that garments may become soiled.
- Local anesthesia injections are always used to “numb” the surgery site.
- Depending on the nature of your case, surgery usually lasts from one to four hours depending on how many quadrants we treat
- In treating diseased gingival (gum) tissue, some root surface may be exposed, thus causing gum recession. Root sensitivity is to be expected immediately following surgery and should improve over time with good oral hygiene.
- Tooth mobility may be increased immediately after surgery; however, this usually improves or disappears with time. **If you wear a biteguard, please bring this appliance to your surgery appointment. This will help minimize post-surgical discomfort and mobility.**
- Brush and floss just prior to surgery appointment
- **If you prefer to watch NETFLIX while having your procedure done, please bring bluetooth headphones.**
- Void (use restroom) prior to surgery
- Sound restorations (fillings) are never fractured or removed during periodontal surgery; however, weak or faulty restorations can sometimes be removed. Fortunately, this is very rare. If any faulty restorations are removed, a temporary filling will be placed until you get back to your restorative dentist for replacement.
- **Discontinue all ASPIRIN, IBUPROFEN, ADVIL, and GINKGO BILOBA or medications containing aspirin 10 days prior to surgery is required. If you take a prescribed blood thinner please advise our office prior to surgery appointment and follow protocol to stop blood thinner as prescribed by your physician. Please take all other medications – especially, blood pressure medication as prescribed by your physician.**
- Secondary Herpes (cold sores) may be activated by the manipulation of the lips. If you get fever blisters on your lips or palate easily, you may experience these after surgery. If this is the case, call our office as soon as this occurs and we can prescribe medication to help with the resolution of these annoying lesions.

**MEDICATIONS**

- **Please have your prescriptions filled and ready to be taken before or after your appointment – depending on your procedure. Please follow instructions on your prescriptions. Please bring prescriptions to your appointment. Your prescriptions will be electronically sent to the pharmacy you listed with our office. Please pick up medications at least a week before your appointment to ensure you follow instructions.**

**\*\*\*\*\*IF YOU ARE ON BLOOD PRESSURE MEDICATION, PLEASE TAKE YOUR MEDICATION AS PRESCRIBED THE WEEK OF THE APPOINTMENT AS WELL AS THE DAY OF THE APPOINTMENT**

**FINANCIAL**

- **Make sure arrangements are made prior to surgery. Payment in full is to be made the day of surgery. If you have dental insurance we will file as a courtesy for you. If insurance assists with payment, it will be sent to the patient.**

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